SUMMARY OF NURSING RESEARCH WORKSHOP

Introduction: Medanta Institute of Education and Research, Medanta-The Medicity in association with Global Research nurses network of Oxford University, UK conducted the First Nursing Research Workshop/Skills Sharing Workshop in the Delhi/NCR region on 24th February, 2014.

Sponsor: Oxford University, UK  
Facilitator: Medanta The Medicity, Gurgaon Delhi/NCR

Patron: Dr. Naresh Trehan CMD, Medanta-The Medicity  
Patron: Dr. Yatin Mehta  
Organizing Chairperson: Dr. Sanjay Mittal  
Organizing Secretary: Mr. Joby George, RN  
Organizing Committee: Dr. Pooja Sharma, Mr. Arun Rawat, Mr. Akash Khare, Mr. Anoop Bajpayi, Mr. Ashish Kumar, Dr. Shradha Agarwal, Mrs. Raman Jot Kaur, Mr. Sinoy Jose, Ms. Meenakshi Kafaltia, Mr. Ravinder Negi, Mr. Surender

Legal Advisors: Mr. Edward Gibbs and Ms. Janine Burke, Finance Section, Oxford University, UK  
: Mrs. Richa Singh and Mr. Abhijeet, Legal Section-Medanta The Medicity, Gurgaon

Guest of Honor: Mrs. Nicola Mc Hugh, MSC, RN  
Project Coordinator, Global Research Nurses Network, Oxford University, UK

Chief Guest: Dr. Usha Ukande  
Principal, Choithram College of Nursing, Indore  
Chairperson, Nursing Research Society of India

Speakers:

1. Dr. Naresh Trehan, CMD, Medanta –The Medicity  
2. Dr. Yatin Mehta, Chairman, Critical Care and Anesthesia Medanta –The Medicity  
3. Mrs. Nicola Mc Hugh, MSC, RN, Project Coordinator, Global Research Nurses network, UK  
4. Dr. Usha Ukande, Chairperson, Nursing Research Society of India  
5. Dr. Sanjay Mittal, Director, Institute of Clinical Research, Medanta the Medicity  
6. Mrs. Vijaylakshmi Banerjee- Director Nursing, Medanta the Medicity  
7. Mr. Joby George, RN/RM-Sr. Staff Nurse/Research Nurse, Medanta the Medicity  
8. Dr. AK Dubey, Medical superintendent, Medanta the Medicity  
9. Mrs. Precila Fernandes, Nursing Superintendent, Medanta the Medicity  
10. Mrs. Uma Handa, Ex-President, and founder member of Nursing Research Society of India  
11. Mr. Santhosh Joseph, Nursing Manager, Medanta Duke Research institute, Medanta the Medicity  
12. Mr. Sanjay Gupta, Director Catalyst Clinical Services, Gurgaon
The Major participants of the workshop were as follows:-

<table>
<thead>
<tr>
<th>Name of the Hospitals</th>
<th>Number of participants</th>
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<tbody>
<tr>
<td>Medanta The Medicity Gurgaon</td>
<td>44</td>
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<tr>
<td>Fortis memorial research Institute, Gurgaon</td>
<td>4</td>
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<tr>
<td>Military Nursing Service, Research and Referral Hospitals, Delhi Cantt</td>
<td>19</td>
</tr>
<tr>
<td>Indraprastha Apollo Hospitals, New Delhi</td>
<td>5</td>
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<tr>
<td>Artemis Hospitals, Gurgaon</td>
<td>5</td>
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<tr>
<td>Krishna Institute of Nursing and Paramedical Sciences, Lucknow</td>
<td>5</td>
</tr>
<tr>
<td>Paras Hospitals, Gurgaon</td>
<td>5</td>
</tr>
<tr>
<td>Medanta institute of Education and Research</td>
<td>35</td>
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<tr>
<td>IGNOU(Indra Gandhi Open University)</td>
<td>2</td>
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<td>Amity University</td>
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Speakers and presenters: 13

Total no. of participants: 125

The Month of February 2014 had been a red letter day to the Nurses of Delhi/NCR region with the registration of the chief guests and delegates at 09:15 am and the workshop started with an introduction by the two Anchors Ms. Julie and Ms. Christin Mary at around 09:45 am followed by the Welcome Address by the organizing Secretary Mr. Joby George, RN/RM

1. Dr. Naresh Trehan the CMD and patron for the workshop inaugurated the workshop by the traditional lamp lighting ceremony followed by the inspirational Key note address

2. Dr. Yatin Mehta, Chairman, critical care and anesthesia spoke about his vision for research nurses and emphasized on the need to promote nurses into this role as they are Key members of health care industry.
3. Dr. Sanjay Mittal the Organizing chairperson and Director Medanta Institute of Clinical Research nurses reiterated the role of Research nurses in Medanta.

4. Mrs. Nicola McHugh, the project coordinator, Global research nurses network and the special invitee had briefed about the Global Health Networking & Global Research nurse networking.

   On behalf of Medanta-The Medicity and Global Research Nurses network, Mrs. Nicola McHugh had been felicitated at the workshop by Mrs. Vijayalakshmi Banerjee, Director nursing, Medanta The Medicity

5. The Chief Guest for the Workshop was Dr. Mrs. Usha Ukande, Principal Choithram College of Nursing and Chairperson, Nursing Research Society of India had been felicitated by Ms. Neerja Sood, Assistant professor, Indira Gandhi Open University, New Delhi.

6. Mrs. Vijayalakshmi Banerjee Director Nursing, Medanta The Medicity had delivered a valuable talk on Practical aspects of nursing research. Her talks were completely based on how nursing research can be promoted with the existing nursing practices by focusing on various practical aspects of nursing care.

   On behalf of Medanta-The Medicity and Global Research Nurses network Mrs. Vijayalakshmi Banerjee, Director nursing, Medanta, had been felicitated at the workshop by Lt. Col Asha Sherawat, Military Nursing Service, India.

The delegates disbursed for the tea break of 20 minutes, after the morning tea with hot samosas we

7. Started the next session at 10:30 am named Clinical Research-Role of research nurses with the talk of Mrs. Nicola McHugh about how to use Research as a tool for quality Care and using research in practice, The talk gave a new start to think upon how to use research as a tool as the talk focused upon the changes in the nursing field from 1840’s to the 21st Century and the various ways of getting evidence into practice for quality care.
8. Next was a very enthusiastic talk by Dr. Usha Ukande about Nursing Research activity in India, plans and opportunities she emphasized for the promotion of excellence in nursing Education & practice and to validate existing nursing policies, procedures & practices and to Creating a national body for nursing research, “Indian Council of Nursing Research” (ICNR) as the priority Plans of the society.

9. The workshop followed up by an open forum for the importance of evidence based nursing and health care practice and nursing research opportunities by the eminent panel of two speakers Dr. Usha Ukande and Ms. Neerja Sood. Majority of the nurses participated in the open forum and discussed on the pros and cons of nursing research practices in India and abroad.

10. The workshop continued with the talk of Mr. Joby George the organizing secretary and research nurse at Medanta The Medicity briefed about the overview of role of research nurses by focusing on the five dimensions of Nursing Research by NIH and the challenges and facilitators of nursing research in day to day practice.

11. The talk of Mrs. Nicola Mc Hugh on Career in Research opened so many pathways for the young budding and experienced nursing fraternities to think upon and act upon the need of the hour to see nurses excelling in the field of research. After an interactive session, the gathering disbursed for lunch break at 01:15, typical North India multi Cuisine menu had been served by the food and beverage department of Medanta the Medicity.

12. The third session was started at around 2:30 pm named Ethics and Regulations in Clinical Research by Dr. AK Dubey the Medical superintendent Medanta –The Medicity –He emphasized Ethics and Informed consent as two pillars of research, and the 7 steps of ethical research a priorities, planning, permission, performance, processing, publication, Programming and the challenges and ways of ethical research. On behalf of Medanta-The Medicity and Global Research Nurses network Dr. AK Dubey, had been felicitated at the workshop by Dr. Mehmood Azim, team Lead, Research Medanta – The Medicity
13. The session continued with the talk of Mr. Sanjay Gupta, director Catalyst Clinical services, Gurgaon in Good Clinical practice – Its importance and ended by saying that GCP compliance to be used as true spirits not by Force.

On behalf of Medanta-The Medicity and Global Research Nurses network Mr. Sanjay Gupta, had been felicitated at the workshop by Dr. Sudha T Nair, Nursing Superintendent, Medanta The Medicity

For significant work towards the nursing community, Mrs. Uma Handa, Ex President and Founder member, Nursing Research Society of India had been felicitated by Mrs. Vijaylakshmi Banerjee, Director Nursing, Medanta The Medicity.

14. The next was the vibrant session and a lengthy discussion on Informed Consent process by Mr. Santhosh Joseph, An open forum on the informed consent process was initiated by a three member panelists named Ms. Meenakshi Kafaltia, Quality Coordinator, Medanta –The Medicity, Mr. Sanjay Gupta and Mr. Santhosh Joseph.
Questions were asked by the participants about the relevance of Informed consent in procedures conducted at the hospital – its relevance.

On behalf of Medanta-The Medicity and Global Research Nurses network Mr. Santhosh Joseph had been felicitated at the workshop by Mr. Sanjay Gupta

15. The session followed by the talk of Mrs. Precila Fernandes on Quality in clinical research with focusing on pressure ulcer tool by the Library of Measures.

On behalf of Medanta-The Medicity and Global Research Nurses network Mrs. Precila Fernandes had been felicitated at the workshop by Mr. Santosh Joseph

After the III session the delegates disbursed for tea break at 05:00pm,

Soon after the tea break the much awaited program i.e. the Quiz had been started all the stake holders of the workshop i.e. 7 teams registered for the quiz completion. The Quiz master was Mr. Joby George and there were appointed two invigilators for the Quiz Ms. Laxmi, Assistant professor, IGNOU, New Delhi and Mr. Anoop Kumar Bajpai, Librarian and Organizing committee member and the Score board was maintained by the Organizing Committee member.

The questions were based on the topics of the workshop, general awareness, and world affairs and current affairs questions.
All the teams actively participated in the Quiz, from the 7 teams, Fortis Memorial research institute scored maximum scores and announced as the winner of the Quiz.
Mrs. Nicola Mc Hugh and Dr. Usha Ukande awarded the beautifully designed trophy to the winning team and Appreciation certificate with consolation prizes for the team members were awarded.

Mr. Joby George, Organizing Secretary ended the workshop at about 6:00 pm with vote of thanks and said that this will be a starting of a new arena for the nursing community and looking forward for the 2nd Nursing Research workshop in the upcoming years with more nurses as members of nursing research community.

The workshop ended with a photo session and certificate of participation were awarded for all the Guests/Delegates.

Date: 10/03/2014.

Joby George, RN/RM
Organizing Secretary,
Nursing Research Workshop@2014