

## **Why International Nurses Day Is Important**

The international nurse's day is a day set aside by the international council of Nurses to be celebrated around the world on 12th May of each year to mark the contribution of the Nurses to the world and society at large. There are major points to be considered as the benefits of celebrating international Nurses day.

It is also a day to celebrate Florence Nightingale who was a legendary figure, the philosophical founder of modern secular Nursing and the first to recognize Nurse Theorists and statisticians. Her dedication and focused 50years to work and service is still informing and impacting our Nursing look and global mission health and healing of humanity.

Public awareness about Nursing and Nurses institution towards the health care innovation is increased on this day of celebration. Nurses are the first point of contacting the health services and they are considered the backbone of the health care system therefore it is important that on this day the vital work of nurses are acknowledged and recognized especially in relation to their impact to health care system.

It is always believed that; "Great mind think alike" therefore the celebration of this day creates room exchange of ideas and updating of knowledge among Nurses. Each year the International Council of Nurses prepares and distributes the International Nurses day kit. This kit contains educational and public information materials for use by Nurses everywhere, by doing so, new knowledge that will improve the social welfare skills of Nurses are gained and this brings a positive impact in the health care system.

More so, on this day, it important to identify barriers and recognize the different pressures today that Nurse face, and where an experience has not been so good, it is important to listen, reflect and identify how things can be done differently next time. Sometimes even the smallest of changes can make a big difference to patients experience and health care system as a whole.

In addition, this celebration is a road map for encouraging Nurses. I know many Nurses who have dedicated their lives to caring for those in need. Therefore it is important that the nurses get to hear the heartfelt praises and thanks coming through the public. It is a great motivation to know you are valued and your care and hard work is appreciated. Awards and presents should be given to the most

industrious ones to encourage them to do more work because I see firsthand Nurses given above and beyond to provide exceptional care and support to their patients' day in day out.

The celebration of International Nurses Day helps to promote peace, unity and stability among Nurses all over the world. These Nurses tend to see themselves as one thereby enabling bonding and love to be created among them

In conclusion it is a day; we recognize Nightingale's work as global Nursing where she envisioned what a healthy world might be with her integral philosophy and expanded visionary capacities. It is a day where positive strives about our dedication and commitment reminds one that we have so much to be proud of in our Nursing health services.

And no matter how advanced Nursing and the art of Nursing has become, the absolute underpinning value is that of caring for patient, families and their local communities. That's another reason for celebrating Nursing Day.

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